## Don't let summer delay your baby's DOC Band® treatment

- Infants older than 8 months require a longer treatment time than younger babies.<sup>1</sup>
- Starting treatment during a baby's rapid growth phase (between 4 to 6 months) reduces overall treatment time and optimizes outcomes.<sup>1</sup>
- Designed with your baby's comfort and the summer heat in mind, the DOC Band weighs less than 6 ounces; it's also 32% lighter and 44% more open at the top than other cranial orthotic devices.<sup>2</sup>
- Planning a vacation? We have locations across the nation that can accommodate you while traveling. Speak with your CranialTech clinician to coordinate appointments and ensure your baby is seen at appropriate intervals.
- We see no difference in babies' tolerance for DOC Band wear, or skin-related issues, as a result of warmer climates. See the other side for cool summertime DOC Band baby tips.

References: 1. Seruya et al. Helmet Treatment of Deformational Plagiocephaly: The Relationship between Age at Initiation and Rate of Correction PRSJ, 2013 Jan. 131(1) 55-61. 2. Data on file, Cranial Technologies.













## **Keep your DOC Band® baby cool with these summertime tips**

DOC Band babies are always on the go, and summer is no exception! Here's how to keep your baby cool:

- Dress baby in light, comfortable clothes.
- In very hot climates, pre-cool your car by turning the air conditioning on 5 minutes before you need to leave.
- Clip-on fans, soft ice packs and cooling towels are great summer accessories for the car or stroller.
- Remove band periodically to towel-dry baby's head. Replace the band after a few minutes, so treatment is not affected.
- Babies should wear the band as long as they're not in water. Once done swimming or bathing, towel dry baby's head and reapply the DOC Band.

## Cool car seat tips:

- Place a small cooler ice pack in a thermal cooler or insulated lunch bag.
- When you arrive at your destination, put the car seat harness in a lowered position.
- Place the frozen ice pack on top of the harness and buckle.
- Then cover the entire car seat with a receiving blanket.
- When you return to the car, place the ice pack back in the cooler for your next stop.

Remember: DOC Bands only work when they're on the baby's head!













